



SOCIAL ACTIVITY INTERVIEW

Subject Number: _____ Date of Interview: _____ Date Matched to Partner: _____

We are interested in finding out a little about the kinds of social activities that you have been involved with in the past month. We will be asking you questions about how often you participated in various activities, with whom you participated, and how important these activities are to you. We also want to find out a little about how you feel about your social life now and what kinds of expectations you have about participating in the peer mentoring project.

1.) What have you been doing to keep busy?

2.) What kinds of things have you been doing with others in the past month?

3.) Over the last month, how often have you done things for fun with others?

4.) In the past month, with whom did you do social activities?

(Obtain names and relationships)

5.) Overall, how satisfied are you with your social life over the past month?

Very unsatisfied Unsatisfied Somewhat unsatisfied Somewhat Satisfied Satisfied Very satisfied

6.) What do you like best about your social life?

7.) What do you like least about your social life?

8.) What would you most like to change about your social life?

9.) Overall, how satisfied have you been with your social life since your injury?

Very unsatisfied Unsatisfied Somewhat unsatisfied Somewhat Satisfied Satisfied Very satisfied

10.) How has your social life changed since your injury?

11.) As compared to before your injury, how often are you involved in social activities with others now?

Much fewer activities Somewhat fewer activities No change Somewhat more activities Much more activities

12.) As compared to before your injury, how many people are you actively doing social activities with?

Many less people Somewhat less people No change Somewhat more people Many more people

13.) Do you have friends that you can confide in? If yes, how many?

14.) Do you have friends that you can do things with regularly? If yes, how many?

15.) What do you hope to get out of participating in the social peer mentoring program?

Now I'm going to ask you a lot of structured questions to help us better understand your social activities in the past month.

HOW OFTEN IN THE PAST MONTH DID YOU.....? <i>1 = never, 2 = 1-2 times per month, 3 = weekly, 4 = several times per week, 5 = daily, 6 = several times per day.</i>	HOW IMPORTANT IS THIS ACTIVITY TO YOU? 1 = Not at all 2 = Somewhat Important 3 = Pretty Important 4 = Very Important			
1. Call someone on the telephone? Friends: _____ Family Members: _____ Others: _____	1 1 1	2 2 2	3 3 3	4 4 4
2. Receive calls on the telephone? From Friends: _____ From Family Members: _____ From Others: _____	1 1 1	2 2 2	3 3 3	4 4 4

HOW OFTEN IN THE PAST MONTH DID YOU.....?

1 = never, 2 = 1-2 times per month, 3 = weekly, 4 = several times per week, 5 = daily, 6 = several times per day.

3. Send an email to someone?

Friends: _____

Family Members: _____

Others: _____

4. Receive emails from others?

From Friends: _____

From Family Members: _____

From Others: _____
(Please do not count Spam e-mails here).

HOW IMPORTANT IS THIS ACTIVITY TO YOU?

1 = Not at all
2 = Somewhat Important
3 = Pretty Important
4 = Very Important

1 2 3 4

1 2 3 4

1 2 3 4

1 2 3 4

1 2 3 4

1 2 3 4

HOW OFTEN IN THE PAST MONTH DID YOU.....?	HOW IMPORTANT IS THIS ACTIVITY TO YOU?			
<i>1 = never, 2 = 1-2 times per month, 3 = weekly, 4 = several times per week, 5 = daily, 6 = several times per day.</i>	1 = Not at all 2 = Somewhat Important 3 = Pretty Important 4 = Very Important			
5. Send letters/cards by mail to someone?				
Friends: _____	1	2	3	4
Family Members: _____	1	2	3	4
Others: _____	1	2	3	4
6. Receive letters/cards in the mail from others?				
From Friends: _____	1	2	3	4
From Family Members: _____	1	2	3	4
From Others: _____ <i>(Please do not count junk mail here).</i>	1	2	3	4

HOW OFTEN IN THE PAST MONTH DID YOU.....?

1 = never, 2 = 1-2 times per month, 3 = weekly, 4 = several times per week, 5 = daily, 6 = several times per day.

7. Visit someone else's home?

Friends: _____

Family Members: _____

Others: _____

8. Have visitors to your home?

Friends: _____

Family Members: _____

Others: _____

HOW IMPORTANT IS THIS ACTIVITY TO YOU?

1 = Not at all
2 = Somewhat Important
3 = Pretty Important
4 = Very Important

1 2 3 4

1 2 3 4

1 2 3 4

1 2 3 4

1 2 3 4

1 2 3 4

ACTIVITIES OUTSIDE OF THE HOME:

<p>How important is _____ to you?</p> <p>1 = Not at all 2 = Somewhat Important 3 = Pretty Important 4 = Very Important</p>	<p>How often do you?</p> <p>1 = never, 2 = 1-2 times per month, 3 = weekly, 4 = several times per week, 5 = daily, 6 = several times per day.</p>	<p>With whom do you do these activities?</p>
<p>Going out to restaurants:</p> <p>1 2 3 4</p>	<p>1 2 3 4 5 6</p>	<p>Spouse/SO Parent Other Relative Friend Alone Acquaintance New person</p> <p>How often are you the one who comes up with the idea and gets it started?</p> <p>None Some Most All <u>of the time</u></p>
<p>Going to bars/clubs:</p> <p>1 2 3 4</p>	<p>1 2 3 4 5 6</p>	<p>Spouse/SO Parent Other Relative Friend Alone Acquaintance New person</p> <p>How often are you the one who comes up with the idea and gets it started?</p> <p>None Some Most All <u>of the time</u></p>
<p>Going to watch sports events:</p> <p>1 2 3 4</p>	<p>1 2 3 4 5 6</p>	<p>Spouse/SO Parent Other Relative Friend Alone Acquaintance New person</p> <p>How often are you the one who comes up with the idea and gets it started?</p> <p>None Some Most All <u>of the time</u></p>
<p>Going to the movies:</p> <p>1 2 3 4</p>	<p>1 2 3 4 5 6</p>	<p>Spouse/SO Parent Other Relative Friend Alone Acquaintance New person</p> <p>How often are you the one who comes up with the idea and gets it started?</p> <p>None Some Most All <u>of the time</u></p>

ACTIVITIES OUTSIDE OF THE HOME:

<p>How important is _____ to you?</p> <p>1 = Not at all 2 = Somewhat Important 3 = Pretty Important 4 = Very Important</p>	<p>How often do you?</p> <p>1 = never, 2 = 1-2 times per month, 3 = weekly, 4 = several times per week, 5 = daily, 6 = several times per day.</p>	<p>With whom do you do these activities?</p>
<p>Going to plays/theatre/ballet, etc.:</p> <p>1 2 3 4</p>	<p>1 2 3 4 5 6</p>	<p>Spouse/SO Parent Other Relative Friend Alone Acquaintance New person</p> <p>How often are you the one who comes up with the idea and gets it started?</p> <p>None Some Most All <u>of the time</u></p>
<p>Going to museums:</p> <p>1 2 3 4</p>	<p>1 2 3 4 5 6</p>	<p>Spouse/SO Parent Other Relative Friend Alone Acquaintance New person</p> <p>How often are you the one who comes up with the idea and gets it started?</p> <p>None Some Most All <u>of the time</u></p>
<p>Going to music events/concerts:</p> <p>1 2 3 4</p>	<p>1 2 3 4 5 6</p>	<p>Spouse/SO Parent Other Relative Friend Alone Acquaintance New person</p> <p>How often are you the one who comes up with the idea and gets it started?</p> <p>None Some Most All <u>of the time</u></p>
<p>Going to exercise or play sports:</p> <p>1 2 3 4</p>	<p>1 2 3 4 5 6</p>	<p>Spouse/SO Parent Other Relative Friend Alone Acquaintance New person</p> <p>How often are you the one who comes up with the idea and gets it started?</p> <p>None Some Most All <u>of the time</u></p>

How important is _____ to you? 1 = Not at all 2 = Somewhat Important 3 = Pretty Important 4 = Very Important	How often do you? 1 = never, 2 = 1-2 times per month, 3 = weekly, 4 = several times per week, 5 = daily, 6 = several times per day.	With whom do you do these activities?
Going shopping: 1 2 3 4	1 2 3 4 5 6	Spouse/SO Parent Other Relative Friend Alone Acquaintance New person How often are you the one who comes up with the idea and gets it started? None Some Most All <u>of the time</u>
Going to play cards/games: 1 2 3 4	1 2 3 4 5 6	Spouse/SO Parent Other Relative Friend Alone Acquaintance New person How often are you the one who comes up with the idea and gets it started? None Some Most All <u>of the time</u>
Going to arts/crafts activities: 1 2 3 4	1 2 3 4 5 6	Spouse/SO Parent Other Relative Friend Alone Acquaintance New person How often are you the one who comes up with the idea and gets it started? None Some Most All <u>of the time</u>
Going to religious services or activities: 1 2 3 4	1 2 3 4 5 6	Spouse/SO Parent Other Relative Friend Alone Acquaintance New person How often are you the one who comes up with the idea and gets it started? None Some Most All <u>of the time</u>

How important is _____ to you? 1 = Not at all 2 = Somewhat Important 3 = Pretty Important 4 = Very Important	How often do you? 1 = never, 2 = 1-2 times per month, 3 = weekly, 4 = several times per week, 5 = daily, 6 = several times per day.	With whom do you do these activities?
Other: _____ 1 2 3 4	1 2 3 4 5 6	Spouse/SO Parent Other Relative Friend Alone Acquaintance New person How often are you the one who comes up with the idea and gets it started? None Some Most All <u>of the time</u>
Other: _____ 1 2 3 4	1 2 3 4 5 6	Spouse/SO Parent Other Relative Friend Alone Acquaintance New person How often are you the one who comes up with the idea and gets it started? None Some Most All <u>of the time</u>
Other: _____ 1 2 3 4	1 2 3 4 5 6	Spouse/SO Parent Other Relative Friend Alone Acquaintance New person How often are you the one who comes up with the idea and gets it started? None Some Most All <u>of the time</u>
Other: _____ 1 2 3 4	1 2 3 4 5 6	Spouse/SO Parent Other Relative Friend Alone Acquaintance New person How often are you the one who comes up with the idea and gets it started? None Some Most All <u>of the time</u>

ACTIVITIES WITHIN THE HOME:

How important is _____ to you? 1 = Not at all 2 = Somewhat Important 3 = Pretty Important 4 = Very Important	How often do you? 1 = never, 2 = 1-2 times per month, 3 = weekly, 4 = several times per week, 5 = daily, 6 = several times per day.	With whom do you do these activities?
Exercising or playing sports: 1 2 3 4	1 2 3 4 5 6	Spouse/SO Parent Other Relative Friend Alone Acquaintance New person How often are you the one who comes up with the idea and gets it started? None Some Most All <u>of the time</u>
Watch television/videos/DVD: 1 2 3 4	1 2 3 4 5 6	Spouse/SO Parent Other Relative Friend Alone Acquaintance New person How often are you the one who comes up with the idea and gets it started? None Some Most All <u>of the time</u>
Listen to music: 1 2 3 4	1 2 3 4 5 6	Spouse/SO Parent Other Relative Friend Alone Acquaintance New person How often are you the one who comes up with the idea and gets it started? None Some Most All <u>of the time</u>
Crafts/hobbies: 1 2 3 4	1 2 3 4 5 6	Spouse/SO Parent Other Relative Friend Alone Acquaintance New person How often are you the one who comes up with the idea and gets it started? None Some Most All <u>of the time</u>

How important is _____ to you? 1 = Not at all 2 = Somewhat Important 3 = Pretty Important 4 = Very Important	How often do you? <i>1 = never, 2 = 1-2 times per month, 3 = weekly, 4 = several times per week, 5 = daily, 6 = several times per day.</i>	With whom do you do these activities?
Using the computer: 1 2 3 4	1 2 3 4 5 6	Spouse/SO Parent Other Relative Friend Alone Acquaintance New person How often are you the one who comes up with the idea and gets it started? None Some Most All <u>of the time</u>
Other: _____ 1 2 3 4	1 2 3 4 5 6	Spouse/SO Parent Other Relative Friend Alone Acquaintance New person How often are you the one who comes up with the idea and gets it started? None Some Most All <u>of the time</u>
Other: _____ 1 2 3 4	1 2 3 4 5 6	Spouse/SO Parent Other Relative Friend Alone Acquaintance New person How often are you the one who comes up with the idea and gets it started? None Some Most All <u>of the time</u>
Other: _____ 1 2 3 4	1 2 3 4 5 6	Spouse/SO Parent Other Relative Friend Alone Acquaintance New person How often are you the one who comes up with the idea and gets it started? None Some Most All <u>of the time</u>